

IMPLEMENTING HEALTH AND WELLNESS PROGRAMS

Ralph Chandler

Master of Healthcare Administration

College of Arts & Sciences, Faculty Dr. Anne Hewitt

The United States economy has certainly taken a turn for the worst and many organizations have resorted to reductions in staff, and are somewhat hesitant to hire new employees, which leaves individuals who remain on the job overworked. Throughout various agencies workers are multi-tasking and unable to provide timely service or quality care for the population. The healthcare industry should consider the implementation of Health and Wellness programs into the workplace. Finally, by doing so creates an environment for staff to reduce stress and other anxieties, which are a hindrance to an employee's performance overall.