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# Older Adults Living in Poverty: How Medicaid Helps

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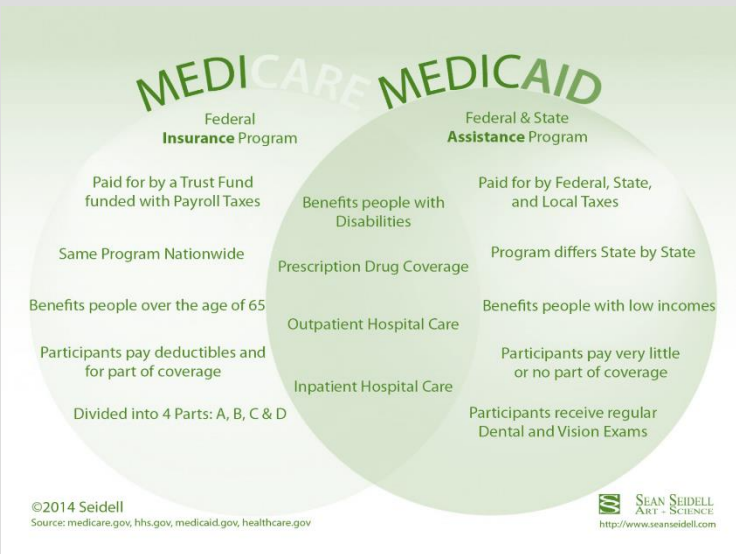
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# OLDER ADULTS LIVING IN POVERTY: HOW MEDICAID HELPS

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## HOW CAN SOCIAL WORKERS HELP?

- Help clients apply for Medicaid coverage
- Advocate for clients during the application process
- Empower and motivate clients to utilize all available resources offered by Medicare and Medicaid



## What Does Medicaid Cover?

- Premiums and out-of-pocket medical expenses
- Skilled nursing facility care beyond the 100-day limit
- Prescription drugs and eyeglasses/hearing aids
- Family and caregiver support and training
- Medical equipment and supplies
- Nutrition services
- Transportation services
- Hospice care

**“Life’s challenges are not supposed to paralyze you; they’re supposed to help you discover who you are.”**  
*-Bernice Johnson Reagon*

## FAST FACTS

### REGARDING POVERTY

One-third of senior households have no money left over each month or are in debt after meeting essential expenses.

The poverty rate among people ages 65 and older increases with age and is higher for women, African-Americans and Hispanics, and people in relatively poor health.

Those 65 years and older are hospitalized three times as often as those 45 to 64 years old.

